

# Cedarcrest High School Breakfast Menu

**Health.e**  
**LIVING**



# December

2017



**HARVEST of the MONTH**  
**APPLES**

## MONDAY

Breakfast Sandwich  
French Toast & Sausage  
Cinnamon Roll  
Breakfast Pizza  
Cold Cereal & Muffin  
Yogurt & Breakfast Bar  
Combo Bar & Muffin

## TUESDAY

Breakfast Sandwich  
French Toast & Sausage  
Cinnamon Roll  
Breakfast Pizza  
Cold Cereal & Muffin  
Yogurt & Breakfast Bar  
Combo Bar & Muffin

## WEDNESDAY

Breakfast Sandwich  
French Toast & Sausage  
Cinnamon Roll  
Breakfast Pizza  
Cold Cereal & Muffin  
Yogurt & Breakfast Bar  
Combo Bar & Muffin

## THURSDAY

Breakfast Sandwich  
French Toast & Sausage  
Cinnamon Roll  
Breakfast Pizza  
Cold Cereal & Muffin  
Yogurt & Breakfast Bar  
Combo Bar & Muffin

## FRIDAY

Breakfast Sandwich  
French Toast & Sausage  
Cinnamon Roll  
Breakfast Pizza  
Cold Cereal & Muffin  
Yogurt & Breakfast Bar  
Combo Bar & Muffin

Breakfast Sandwich **04**  
French Toast & Sausage  
Cinnamon Roll  
Breakfast Pizza  
Cold Cereal & Muffin  
Yogurt & Breakfast Bar  
Combo Bar & Muffin

Breakfast Sandwich **05**  
French Toast & Sausage  
Cinnamon Roll  
Breakfast Pizza  
Cold Cereal & Muffin  
Yogurt & Breakfast Bar  
Combo Bar & Muffin

Breakfast Sandwich **06**  
French Toast & Sausage  
Cinnamon Roll  
Breakfast Pizza  
Cold Cereal & Muffin  
Yogurt & Breakfast Bar  
Combo Bar & Muffin

Breakfast Sandwich **07**  
French Toast & Sausage  
Cinnamon Roll  
Breakfast Pizza  
Cold Cereal & Muffin  
Yogurt & Breakfast Bar  
Combo Bar & Muffin

Breakfast Sandwich **08**  
French Toast & Sausage  
Cinnamon Roll  
Breakfast Pizza  
Cold Cereal & Muffin  
Yogurt & Breakfast Bar  
Combo Bar & Muffin

Breakfast Sandwich **11**  
French Toast & Sausage  
Cinnamon Roll  
Breakfast Pizza  
Cold Cereal & Muffin  
Yogurt & Breakfast Bar  
Combo Bar & Muffin

Breakfast Sandwich **12**  
French Toast & Sausage  
Cinnamon Roll  
Breakfast Pizza  
Cold Cereal & Muffin  
Yogurt & Breakfast Bar  
Combo Bar & Muffin

Breakfast Sandwich **13**  
French Toast & Sausage  
Cinnamon Roll  
Breakfast Pizza  
Cold Cereal & Muffin  
Yogurt & Breakfast Bar  
Combo Bar & Muffin

Breakfast Sandwich **14**  
French Toast & Sausage  
Cinnamon Roll  
Breakfast Pizza  
Cold Cereal & Muffin  
Yogurt & Breakfast Bar  
Combo Bar & Muffin

Breakfast Sandwich **15**  
French Toast & Sausage  
Cinnamon Roll  
Breakfast Pizza  
Cold Cereal & Muffin  
Yogurt & Breakfast Bar  
Combo Bar & Muffin

Winter Break **18**  
No School

Winter Break **19**  
No School

Winter Break **20**  
No School

Winter Break **21**  
No School

Winter Break **22**  
No School

Winter Break **25**  
No School

Winter Break **26**  
No School

Winter Break **27**  
No School

Winter Break **28**  
No School

Winter Break **29**  
No School

## Announcements

Daily Milk Options include:  
1% White Milk  
Nonfat Chocolate Milk

Daily Fruit Options:  
Fresh Fruit  
Canned Fruit  
Fruit Juice

Yogurt Parfaits Available Daily

Breakfast served before  
school each day and during  
morning break!

This institution is an equal  
opportunity provider.

## Meal Prices

Breakfast \$2.00  
\$0.00 Reduced  
-line with e-Funds for Schools  
through the Family Access link.  
There is no fee for using your  
checking account. There is a  
\$1.00 fee for using a credit/debit  
card. You can also send cash or  
a check to school with your  
student.