

Health • e
LIVING



February 2019



HARVEST of the MONTH
Milk

Monday

Tuesday

Wednesday

Thursday

Friday

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Teacher Day
No School **1**

Mini Maple
Pancake Wraps **4**
Mini Cinnies
Fruit, Milk

French Toast
Sticks **5**
Yogurt & Muffin
Fruit, Milk

Combo Bar &
Muffin **6**
Coffee Cake
Fruit, Milk

French Toast
Sticks **7**
Yogurt & Muffin
Fruit, Milk

Egg & Cheese **8**
Breakfast Sandwich
Banana Bread
Fruit, Milk

Breakfast on a
Stick **11**
Mini Cinnies
Fruit, Milk

French Toast
Sticks **12**
Yogurt & Muffin
Fruit, Milk

Combo Bar &
Muffin **13**
Coffee Cake
Fruit, Milk

French Toast
Sticks **14**
Yogurt & Muffin
Fruit, Milk

Mid-Winter
Break **15**
No School

Mid-Winter
Break **18**
No School

Mid-Winter
Break **19**
No School

Combo Bar &
Muffin **20**
Coffee Cake
Fruit, Milk

French Toast
Sticks **21**
Yogurt & Muffin
Fruit, Milk

Egg & Cheese **22**
Breakfast Sandwich
Banana Bread
Fruit, Milk

Breakfast on a
Stick **25**
Mini Cinnies
Fruit, Milk

French Toast
Sticks **26**
Yogurt & Muffin
Fruit, Milk

Combo Bar &
Muffin **27**
Coffee Cake
Fruit, Milk

French Toast
Sticks **28**
Yogurt & Muffin
Fruit, Milk

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Announcements

Daily Entree Options:

Breakfast Pizza

Cereal & Toast

Daily Fruit Options:

Fresh or Canned Fruit

Fruit Juice

Daily Milk Options:

1% White Milk

Nonfat Chocolate Milk

**Breakfast served before school
each day at Carnation, Cherry
Valley & Stillwater. This
institution is an equal
opportunity provider.**

Meal Prices

Breakfast \$1.75

\$0.00 Reduced

Pay for meals on-line with eFunds for Schools through the Family Access link. There is no fee for using your checking account. There is a \$1.00 fee for using a credit/debit card. You can also send cash or a check to school with your student.

Lunch: \$3.25

\$0.40 Reduced Grades K, 4, 5