

### **Student Sports Concussion and Head Injuries**

#### Concussion and Head Injury Management in Student Sports

- A. *Updating:* Each spring, the superintendent or designee will review any changes that have been made in forms required for concussion and head injury management by consulting with the WIAA or the WIAA Web site. If there are any updated forms, they will be adopted and used for the upcoming school year.
- B. *Coach Training:* All coaches will undergo training in head injury and concussion management at least once every two years by one of the following means: (1) through attendance at a WIAA or similar clock hour presentation which uses WIAA guidelines; or (2) by completing WIAA online training.
- C. *Parent Information Sheet:* On a yearly basis, a concussion and head injury information sheet will be signed and returned by the youth athlete and the athlete's parent and/or guardian prior to the youth athlete's initiating practice or competition. This information sheet may be incorporated into the parent permission sheet which allows students to participate in extracurricular athletics.
- D. *Coach's Responsibility:* A youth athlete who is suspected of sustaining a concussion or head injury in a practice or game will be immediately removed from play.
- E. *Return to Play After Concussion or Head Injury:* A student athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussion and receives written clearance to return to play from that health care provider. The health care provider may be a volunteer. Health care providers include Medical Doctors (MD), Doctor of Osteopathy (DO), Advanced Registered Nurse Practitioner (ARNP), Physicians Assistant (PA), or Licensed Certified Athletic Trainers (AT/L).